

## Peaks & Passes

 A superb week of challenging hiking on some of the best trails in the Pyrenees. We'll venture into the rugged, higher mountains of the Pyrenees, finding a rocky wilderness dotted with mountain lakes and spectacular views.

We'll tackle some of the most spectacular summits in the valley and will be rewarded with views that make all of the effort worthwhile.



Ibon de Arriel

## Dates and prices

Sun 11 - 18 July, Sun 8 - 15 August, Sun 19 - 26 September	£749
Single supplement	£89

Prices are based on two sharing a double room and do not include flight. To book use the enclosed booking form or call us on 020 8123 5049.



Overlooking the Sierra de Tendenera

## Accommodation

You will stay in the family-run Hotel Casa Morlans in Panticosa - an ideal base from which to reach the higher reaches of the Valle de Tena. Three course evening meals are taken at the hotel restaurant each night apart from the rest day when we will visit Jaca and eat at one of the excellent restaurants or tapas bars.

## Grade 3

This is a week of moderately graded hiking with some fairly long days and a good level of fitness is required. The Pyrenees are renowned for steep climbs and you should be capable of ascents of over one thousand metres.

However we remember you are on holiday and one or two days will feature slightly less strenuous hikes. Paths are generally good but there will be some exposed sections and some easy scrambling and sure-footedness is required. You should expect days of between seven to ten hours walking.

## Itinerary

Walks will explore the variety of The Valle de Tena and its nearby neighbours. One day will be spent in the Ordesa National Park. Those with a good head for heights can walk the fabulous 'Faja de las Flores' - a ledge cut into the high vertical cliffs of the canyon.

This is a sample itinerary - there are many excellent routes in the area and the exact routes will depend on the weather and what the group would like to achieve.

### Sunday Panticosa

Arrive in Panticosa from Zaragoza late evening. Short briefing over a generous helping of Serrano ham, baguettes and wine.

### Monday Pico Anayet (2545m)

Set on a high plateau of peaty grasslands we find Ibon de Anayet. From here we have several choices. We can either relax with a picnic and take in the magnificent views. Alternatively we can tackle the steep and exciting Pico Anayet or the slightly tamer, but with equally impressive views, Vertice de Anayet.

### Tuesday Faja de las Flores

One of the most spectacular paths in Europe is the Faja de las Flores, where a narrow balcony is cut into the sheer cliffs of the Ordesa valley, offering breathtaking views of Mount Perdido and the valley floor a dizzying kilometre below.

### Wednesday Ibones de Arriel

Some of the most beautiful lake landscapes in the Pyrenees can be found at Ibones de Arriel. The four lakes, lying at different heights, are surrounded by steep granite peaks with Pico Palas taking pride of place.



Views from the Faja de las Flores

### Thursday Rest day

Spend a relaxing day in Panticosa, go on a hike from the village or visit one of the nearby attractions such as the Parque Faunístico. Evening visit to Jaca.

### Friday Pico de Bacias (2760m)

This day takes us to the high, wild land above the spa resort of Baños de Panticosa. We pass a series of mountain lakes before an easy ridge scramble to the summit of Pico de Bacias where we get magnificent views across to Vignemale and the Ordesa National Park.

### Saturday Garmo Negro (3066m)

Overlooking Panticosa this three thousander makes for an excellent finale to the week. Superb summit views along the Pyrenees chain. An optional side trip takes us on an excellent scramble along a ridge to the summit of Argulas (3046m).

**Sunday**  
Free morning in Panticosa before leaving mid-afternoon to catch the evening flight from Zaragoza.

Call 0208 123 5049 to book